How Well Are You Thinking?

Please complete this form in ink without the assistance of others.

Name________________________________________ Date of Birth _____/_____/
How far did you get in school? __________________________ I am a Man____ Woman____
I am Asian____ Black______ Hispanic_______ White________ Other_______
Have you had any problems with memory or thinking? Yes_____ Only Occasionally____ No____
Have you had any blood relatives that have had problems with memory or thinking? Yes_____ No____
Do you have balance problems? Yes____ No____
If yes, do you know the cause? Yes (specify reason)________________________ No____
Have you ever had a major stroke? Yes____ No_____ A minor or mini-stroke? Yes____ No____
Do you currently feel sad or depressed? Yes____ Only Occasionally____ No____
Have you had any change in your personality? Yes (specify changes)____________ No____
Do you have more difficulties doing everyday activities due to thinking problems? Yes_____ No____

1. What is today’s date? (from memory – no cheating!) Month_________ Date_______ Year_________

2. Name the following pictures (don’t worry about spelling):

[Image of a Christmas wreath]

[Image of a volcano]
Answer these questions:

3. How are a watch and a ruler similar? Write down how they are alike. They both are… what?

________________________________________________________________________________

4. How many nickels are in 60 cents? ______________________

5. You are buying $13.45 of groceries. How much change would you receive back from a $20 bill?

___________________________________________________________________________________

6. Memory Test (memorize these instructions). Do later only after completing this entire test:

At the bottom of the very last page: Write “I am done” on the blank line provided

7. Copy this picture:

![Image of a cube]

8. Drawing test

- Draw a large face of a clock and place in the numbers
- Position the hands for 5 minutes after 11 o’clock
- On your clock, label “L” for the long hand and “S” for the short hand
9. Write down the names of 12 different animals (don’t worry about spelling):

_________________          _________________          _________________          _________________
_________________          _________________          _________________          _________________
_________________          ________          _________________          _________________

Review this example (this first one is done for you) then go to question 10 below: Draw a line from one circle to another starting at 1 and alternating numbers and letters (1 to A to 2 to B to 3 to C).

10. Do the following: Draw a line from one circle to another starting at 1 and alternating numbers and letters in order before ending at F (1 to A to 2 to B and so on).
Review this example (this first one is done for you) then answer question 11 below:
- Beginning with 1 triangle and 1 square
- Move 2 lines (marked with an X)
- To make 2 squares and no triangle
- Each line must be part of a complete square (no extra lines).

11. Solve the following problem:
- Beginning with 2 squares and 2 triangles
- Move 4 lines (mark with an X)
- To make 4 squares and no triangles
- Each line must be part of a complete square (no extra lines).

12. Have you finished? ____________________________
This instrument cannot substitute for medical advice, diagnosis or treatment by a trained medical professional. Diagnosis and treatment of human illness should be based collectively on medical history, including family medical history, and a physical examination along with a doctor’s professional judgment and review of all test results. The material contained in this instrument does not contain standards that are meant to be applied rigidly and followed in virtually all cases. Physicians’ judgment must remain central to the selection of diagnostic tests and therapy options of a specific patient’s medical condition.

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